

Professional Disclosure Statement: Informed Consent

Hannah Van Patter, M.S., LCMHC (#7737)

I am pleased you have selected me as your counselor. This document is designed to inform you about my background and to ensure that you understand our professional relationship. I received a Master's of Science Degree in Community Agency Counseling from North Carolina Agricultural and Technical University in December 2008 and have ten years of experience. I have successfully met the professional counseling standards established by the North Carolina Board of Licensed Clinical Mental Health Counselors (LCMHC # 7737).

I provide services of individual, family, and group counseling and have experience working with children, families, women, couples and young adults. My approach to counseling is holistic and collaborative, encompassing aspects of many theories, including Person- Centered Theory, Attachment Theory, Objects Relations Therapy, and, at times, CBT. I also incorporate various therapeutic techniques and approaches into sessions (as needed). Overarching all of my counseling work is the belief that everyone has a story that wants and needs to be told. My hope is that in the safety of the counseling room, clients can being to engage troubled or "unread" parts of their own stories and, in doing so, feel more freedom and wholeness in lives.

Fees & Insurance

I will take payment by check, cash or credit/debit card at the beginning of each session and receipts are available at your request. The client assumes full responsibility for all expenses for counseling. If applicable a \$25 returned check fee will be charged. The cost for each 50-minute session is \$125. The Barnabas Center staff raises funds to finance scholarships for clients who need them. Applications for scholarship may be requested in person or by telephone through the office administrator. Scholarships are available upon request and will be granted as available based on the sliding scale [annual gross household income]:

Income	Fee
Under 25,000	\$55
25,001-50,000	\$70
50,001-70,000	\$80
70,001-100,000	\$100
Over 100,000	\$125

Barnabas does not file insurance. You are welcome to file a claim for coverage on your own. Some health insurance companies will reimburse clients for counseling services, some will not. Most will require that you must have a diagnosed "illness" before they will agree to reimburse you. This diagnosis will be a permanent part of your insurance records. We can provide you with a form with the pertinent codes that insurance companies normally ask for.

If you are unable to keep an appointment, please call to cancel or reschedule **at least 24 hours** in advance. If I do not receive such advance notice, you will be responsible for paying for the session that you missed.

Confidentiality & Grievance Process

As your counselor, everything that is shared during our sessions will be kept confidential. No information will be released without written permission. There are a few exceptions in which confidentiality will be broken (as stated in the ACA Code of Ethics): 1) If there is reasonable suspicion of abuse of children or elderly persons; 2) If you present a danger of violence to another person; 3) If you are likely to harm yourself unless protective measures are taken; and 4) If release of records are court mandated.

I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>). If you are dissatisfied with any aspect of my work, please inform me immediately. If that does not resolve the problem, you may file a complaint against me with the organization below should you find that I am in violation of the code of ethics:

North Carolina Board of Licensed Clinical Mental Health Counselors
Phone: 844-622-3572 or 336-217-6007, Fax: 336-217-9450
P.O. Box 77819, Greensboro, NC 27417
[E-mail: Complaints@ncblcmhc.org](mailto:Complaints@ncblcmhc.org)

By signing, we adhere to these terms and abide by these guidelines.

Client Signature

Date

Counselor Signature

Date

Guardian Signature (if applicable)

Date